

VirtualCheckup®

By Catapult Health

# Meet the world's easiest checkup.

1



## Order your VirtualCheckup® Home Kit

Signing up takes less than 2 minutes, then watch for your no-cost Home Kit to arrive in a few days.

2



## Collect your sample at home in just 10 minutes

Catapult's collection device is quick and virtually painless.

3



## Return your sample in the pre-paid UPS overnight envelope

Return your sample, then watch for an invitation to schedule your consultation.

4



## Live video consult with a Nurse Practitioner

Have your private video consult at home, on your own device, and at a time chosen by you.

5



## Review your results, then create a Personal Action Plan with your Nurse Practitioner!



**To get started, order your  
VirtualCheckup Home Kit now!**

Scan this QR code or visit [VirtualCheckup.com/UTDallas](https://VirtualCheckup.com/UTDallas)

**QUESTIONS? WE HAVE ANSWERS!**

Support is available M-F, 8am-5pm CT

Email [support@VirtualCheckup.com](mailto:support@VirtualCheckup.com), Call or Text 855-509-1211



**THE UNIVERSITY  
OF TEXAS AT DALLAS**